

From Epidemiological Research to Real-World Applications



Eric Rimm

Professor, Epidemiology and Nutrition Professor of Medicine, Channing Division of Network Medicine, Brigham and Women's Hospital Director, Program in Cardiovascular Epidemiology

CURRENT RESEARCH

Public health research with applications in preventative care, obesity, diabetes, chronic diseases, and children's health

The USDA reported that 1/3 of Americans get a startling 47% of their calorie intake from junk food. In an effort to improve the health of millions, researchers have begun to investigate why American diets are unhealthy. While the prevalence of unhealthy foods is a big factor, researchers have also found that many Americans have never been taught how to eat healthy. It is with the hope of teaching society to eat more nutritious foods and maintain health that Dr. Eric Rimm, of Harvard University, continues to conduct his research. Dr. Rimm is primarily concerned with nutrition and metabolic diseases. The range of such interests however are vast and have a variety of applications from epidemiological research to improving the nutrition of school lunches. His research incorporates a thoughtful application for research to make sure his fundamental research is applicable to real-world problems. Therefore, as a committed empirical scientist, Dr. Rimm also believes it is important for research to have an affect on the community at-large.

The importance of Dr. Rimm's research is two-fold. His fundamental research may lead to prevention and how to use cutting-edge tools to assess biomarkers in bacteria, blood, or DNA to identify early markers of disease to direct at-risk individuals towards modifiable diet and lifestyle choices and dietary patterns. The importance of his public health nutrition research is even more directly relevant because it helps children in schools eat better. It will also help families on food stamps gain a better understanding of nutrition and make food choices that will teach their children the benefits of a healthier lifestyle. In addition to the incredible impact of his research, Dr. Rimm's...

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AFFILIATION



Harvard University

EDUCATION

- Sc.D. in Nutritional Epidemiology 1991, Harvard School of Public Health
- B.S. in Computer Science 1985, University of Wisconsin -- Madison

AWARDS

- National Institute of Environmental Health Sciences National Research Service Award, 1986-1991
- Harvard School of Public Health, Mentor/Teaching Award, 1996
- Frederick Epstein Memorial International Lecture Award, 2012
- American Society of Nutrition General Mills Institute of Health and Nutrition Innovation Award, 2012
- Post-doctoral Mentor of the Year Award, Harvard School of Public Health, 2013
- and 1 more...

RESEARCH AREAS

Life Science, Health IT, Cardiovascular, Women's Health

FUNDING REQUEST

Your contributions will support the continued research of Dr. Eric Rimm, of Harvard University, as he develops a wide range of projects concerned with nutrition, cardiovascular diseases, and metabolic diseases. Donations will support personnel, microbiome assays, reshaping grocery stores and school lunch programs, and discovering diagnostic blood markers for cardiovascular disease. In choosing to donate, you will play an important role in exploring many wonderful projects and educating scientists.